



## Waltz With Me!

Activities: Do one, some, or all!

Instructions: Please send a video of what you have learned. It can be counting to three in waltz time, dancing, singing, drawing, or talking about what the waltz(es) sounded like to you. Grade 2: please upload to Seesaw. Grade TK – 1: Please send submission via email to [jtrent@smtschoo.net](mailto:jtrent@smtschoo.net) by Friday, 11/6 at 11:59 PM.

1) View the Instructional Video: <https://youtu.be/l8pXAhxyCPQ> [c. 7']

2) Hear Famous Waltzes:

<https://youtu.be/lDaJ7rFg66A> Johann Strauss II: *The Blue Danube* [c. 8']

[https://youtu.be/p\\_K28V0pTs4](https://youtu.be/p_K28V0pTs4) Pyotr Tchaikovsky: *Sleeping Beauty Waltz* [c. 3'30"]

[https://youtu.be/s\\_O7q9Rlep4](https://youtu.be/s_O7q9Rlep4) Frédéric Chopin: *Minute Waltz, Op. 64 No. 1* [c. 2'15"]

3) Tutorial: Learn to dance the Waltz:

How to Dance the Box Step Waltz, taught by Andrew (age 9)[c. 10'30"]

<https://youtu.be/QmTZR3NbRM0>

Example: Boy (age 5) demonstrates the Waltz: [c. 1']

<https://youtu.be/Q0Miu32x0LA> Basic Waltz for Juvenile Children

Counts:	1	2	3
	Step 1: Left Foot [forward] –	Right Foot [side] –	drag L to the R = together
	Step 2: R [forward] –	L [side] –	drag R to the L = together
	Step 3: L [back] –	R [side] –	drag L to the R = together
	Step 4: R [back] –	L [side] –	drag R to the L = together

If you can: When you move forward or backward, keep lower to the ground.  
When you go sideways and together, stand tall!

4) Watch For Fun:

[https://youtu.be/W9hS4hnG\\_tk](https://youtu.be/W9hS4hnG_tk) Don't You Just Love To Waltz: Real Kids [c. 2']

<https://youtu.be/cpKrf1lmock> Kids Slow Waltz Smooth [c. 1'15"]

<https://youtu.be/625X3bdv9F0> Kids Cinderella March [c. 2'30"]